

Victoria Anne Brander MD

CURRICULUM VITAE

I. PERSONAL INFORMATION

Date of Birth: January 31, 1962

Place of Birth: Chicago, Illinois USA

Citizenship: United States of America

Family: Married, husband William J. Brander MD
Three children – Caroline, William and Andrew

Office: 680 North Lake Shore Drive, Suite 924
Chicago, Illinois 60611
1 (312) 664-6848 (office)
1 (312) 475-5566 (direct)
1 (312) 475-5625 (fax)

Email: vbrander@noiortho.com or victoriabrande@aol.com

II. PRESENT ACADEMIC RANK AND POSITIONS

Associate Clinical Professor, Physical Medicine and Rehabilitation
Northwestern University's Feinberg School of Medicine
Chicago, Illinois USA

Co-Founder and Director,
Operation Walk Chicago

Consultant, Northwestern Memorial Hospital
Physical Medicine and Rehabilitation
Chicago, Illinois USA

Victoria Anne Brander MD

Consultant, Norwegian American Hospital
Physical Medicine and Rehabilitation
Chicago, Illinois USA

Partner, Northwestern Orthopedic Institute
Chicago, Illinois USA

Medical Director, Orthopedic Rehabilitation
The Methodist Home
Chicago, Illinois USA

Medical Director, Apple Home Health
Chicago, Illinois USA

Medical Director, Achieve Rehabilitation
Chicago, Illinois 60611 USA

III. INTERESTS – CLINICAL, RESEARCH AND ADVOCACY

My clinical work focuses on the use of multimodal and customized treatments for the treatment of osteoarthritis and joint pain. I also specialize in the rehabilitation of joint replacement patients, with a focus on patients with persistent pain or impaired outcome. I care for joint replacement patients across the spectrum of locations – before surgery, during their hospital recovery, in rehabilitation facilities, and in the office. My clinical experience has led me to investigate why certain patients do poorly after knee replacement, and in particular how depression, anxiety and perception of self influence short and long term outcomes. I have worked with governmental and academic institutions to define and propose standard rehabilitation protocols before and after joint replacement, as a method to help prevent poor outcome. I also am interested in the use of office based local therapies – such as injectable agents (hyaluronic acid, platelet rich plasma therapy, and others) – as a way to improve osteoarthritis outcomes. I believe osteoarthritis is a chronic disease, and the most efficient osteoarthritis care requires the application of disease management tools. I teach medical students and residents the office-based diagnosis and management of arthritis patients, helping them understand customized, multimodal therapies, and instructing them in proper injection techniques. Last, through the clinical and educational outreach of Operation Walk Chicago, I am able to pursue bringing joint replacement surgery and rehabilitation to needy patients in developing countries and the United States. Our focus on international education and program development helps insure our contributions will have a meaningful, sustainable

Victoria Anne Brander MD

effect. In Chicago, we are partnering with clinical and academic institutions and industry to develop a ongoing method to deliver low cost joint replacement surgery for the under- and uninsured.

IV. EDUCATION

Undergraduate Education

Six Year Honors Program in Medical Education
Northwestern University Evanston, Illinois
Bachelor of Medical Science
1980-1982

Medical Doctorate

Northwestern University Medical School Chicago, Illinois
1982-1986

Medical Internship

Transitional internship
West Suburban Hospital Oak Park, Illinois
1986-1987

Residency Training

Northwestern University Medical School and
Rehabilitation Institute of Chicago
Chicago, Illinois
1987-1990

Chief Resident

Department Physical Medicine and Rehabilitation
Northwestern University Feinberg School of Medicine
1989-1990

V. **BOARD CERTIFICATION & MEDICAL LICENSURE**

National Board of Medical Examiners
Chicago, Illinois July, 1987

American Board of Physical Medicine and Rehabilitation
Chicago, Illinois May, 1992

VI. **HONORS AND AWARDS**

Unsung Heroes of Compassion Award

For recognition of humanitarian work
Presented by His Holiness the Dalai Lama
San Francisco, California

Presidents Citation Award 2008

Outstanding Research in the Field of Physical Medicine and Rehabilitation

“Prospective, Single-Arm Pilot Study Evaluating the Safety and Efficacy of Two Hylan G-F 20 Injections in Patients with Advanced, Painful Glenohumeral Osteoarthritis with or without Rotator Cuff Tear.”

Best Research Paper of the Year

Foundation for Physical Medicine and Rehabilitation, 2008

“Pain and Depression Influence Outcome 5 Years after Knee Replacement Surgery”

Best Knee Research Paper,

Knee Society’s John Insall Award 2007

“Pain and Depression Influence Outcome 5 Years after Knee Replacement Surgery”

Victoria Anne Brander MD

Best Knee Research Paper

Knee Society Ranawat Award 2003

“The Natural History of Pain After Total knee arthroplasty”

Research Mentor of the Year, 2000

Department of PM & R

Northwestern University Medical School

Chicago, Illinois

Falk Medical Research Scholar, 1993-1994, 1997-1990

Rehabilitation Institute of Chicago

Chicago, Illinois

Chief Resident, 1989-1990

Physical Medicine and Rehabilitation

Northwestern University Medical School

Assistant Chief Resident, 1989

Rehabilitation Institute of Chicago

Chicago, Illinois

Intern of the Year, June 1986

West Suburban Hospital

Oak Park, Illinois

VII. PROFESSIONAL PUBLIC SERVICE

International Service and Appointments

Co-Founder and Director, Operation Walk Chicago 2005-present

Not-for-profit organization that provides free hip and knee replacements to impoverished patients throughout the world, teaches local clinicians and establishes ongoing programs to reduce arthritis related disability.

Chicago, Illinois 2011 and ongoing
Kathmandu, Nepal 2010, 2011 and ongoing
Pune, India 2009, 2010
Quito, Ecuador 2007
Hangzhou, China 2006
Chengdu, China 2005, 2006

Panel Consultant

International Consortium to Develop Guidelines for Hip and Knee Replacement Rehabilitation

Marie Westby, PhD, Principal Investigator

Vancouver, Canada

National Appointments

Panel Consultant

NIH Consensus Committee

Workshop to Develop a Research Agenda on Appropriate Settings for Rehabilitation

Bethesda, Maryland- February, 2005

Panel Consultant

NIH Consensus Committee

NIH consensus Development Conference on Total Knee Replacement

Bethesda, Maryland - December, 2003

Advisory Committee

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NIH-CDC Consensus Committee
Establishing National Policy on Primary and Revision Total Knee Arthroplasty
Atlanta, Georgia - December, 2003

Chairperson,
Rheumatologic Rehabilitation Special Interest Group
American Academy of PM&R
1996-2006

Chairperson
Rheumatologic and Orthopedic Conditions Subcommittee
Study Guide 2000 Committee
American Academy of Physical Medicine and Rehabilitation
1998-2000

Member
Budget and Finance Committee
American Academy of PM&R
1996-1998

Member,
Self Assessment Exam Committee
Joint and Connective Tissue Diseases Faculty
American Academy of Physical Medicine and Rehabilitation
1998-2001

Member,
Arthritis Task Force: Setting a National Agenda
Centers for Disease Control
Atlanta, Georgia
1998

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Advisory Board

Arthritis Foundation Daily Activities Task Force
Chapel Hill, North Carolina
March 14-15, 1997

Secretary/Treasurer

Executive Committee on Rehabilitation
American College of Rheumatology
1992-1995

Member,

Sub Acute Rehabilitation Task Force
American Academy of PM&R, 1994

Member

Health Policy and Legislation Committee
American Academy of PM&R
1990-1993

Chairman,

Resident Physician Section
Health Policy and Legislation Committee
American Academy of PM&R
1989-1990

State and Local Appointments

Board of Directors

Arthritis Foundation, Chicago Chapter
1997-2005

Victoria Anne Brander MD

Member

Public Policy and Advocacy Committee
Arthritis Foundation, Chicago Chapter
1997-present

President

Illinois Society of PM&R
1995-1997

Board of Directors

Rehabilitation Institute of Chicago
Chicago, Illinois
1991-1999

Consultant, Position Statement

“Hip Fracture in Seniors: A Call For Health Care Reform”
Committee on Health Care Delivery
American Academy of Orthopedic Surgeons
April, 1998

Vice President

Illinois Society of PM&R
1994-1995

Advisor

Board of Directors
Injury Prevention Program
Rehabilitation Institute of Chicago
1991-1993

Victoria Anne Brander MD

Junior Board of Directors

Arthritis Foundation

Chicago, Illinois 1993

VIII. INVITED VISITING PROFESSORSHIP

Visiting Professor, 2006-2009

Department of Orthopedic Surgery and Rehabilitation

West China Hospital

Sichuan University, Chengdu, China

Visiting Professor, 2006

Department of Orthopedic Surgery

Zhejiang Provincial Hospital of Traditional Chinese Medicine, Hangzhou, China

IX. FACULTY AND HOSPITAL APPOINTMENTS

University Academic Appointments

Associate Clinical Professor

Northwestern University Feinberg School of Medicine, Chicago, Illinois

Department of Physical Medicine and Rehabilitation

2009 – Present

Assistant Clinical Professor

Northwestern University Feinberg School of Medicine, Chicago, Illinois

Department of Physical Medicine and Rehabilitation

1994-2009

Instructor

Northwestern University Medical School, Chicago, Illinois

Victoria Anne Brander MD

Department of Physical Medicine and Rehabilitation
1990-1994

Hospital Appointments

1990-present
Consulting Physician
Northwestern Memorial Hospital
Chicago, Illinois

2011-present
Consulting Physician
Norwegian American Hospital
Chicago, Illinois

2010-present
Consulting Physician
Medical Director, Orthopedic Rehabilitation
The Methodist Home
Chicago, Illinois

1990-2001
Attending Physician
Rehabilitation Institute of Chicago
Chicago, Illinois

1992-1997
Consultant in PM&R
Northwestern Medical Faculty Foundation
Chicago, Illinois

1994-1999

Victoria Anne Brander MD

Attending Physician
West Suburban Medical Center
Oak Park, Illinois

VIII. PROFESSIONAL SOCIETY MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation
Illinois Society of Physical Medicine and Rehabilitation

IX. INSTITUTIONAL, DEPARTMENTAL, AND DIVISIONAL ADMINISTRATIVE

RESPONSIBILITIES, COMMITTEE MEMBERSHIPS, AND OTHER ACTIVITIES

Hospital Administrative Duties

Strategic Planning Committee
Rehabilitation Institute of Chicago
Chicago, Illinois
1990-1991

Budget and Finance Committee
Rehabilitation Institute of Chicago
Chicago, Illinois 1990-1994

Director, Arthritis Program
Rehabilitation Institute of Chicago
Chicago, IL 1990-2001

Medical Utilization Review Committee
Rehabilitation Institute of Chicago

Victoria Anne Brander MD

Chicago, Illinois 1990-2001

Co-Chairperson

Continuous Quality Improvement Committee

Rehabilitation Institute of Chicago

Chicago, Illinois 1992-1995

Chairperson, CPR Committee

Rehabilitation Institute of Chicago

Chicago, Illinois 1992-1999

Executive Medical Staff Committee

Rehabilitation Institute of Chicago

Chicago, Illinois 1993-1998

Acting Director

Consult Liaison Service - Northwestern Memorial Hospital

Chicago, Illinois 1994

Medical Director, ContinuCare

RIC at West Suburban Hospital

Oak Park, Illinois 1994-1996

Medical Director, Rehabilitation Services

West Suburban Hospital

Oak Park, Illinois 1994-1996

Medical Director, ContinuCare at 345

Rehabilitation Institute of Chicago

Chicago, Illinois 1996-1998

Medical Director, Arthritis Center

Victoria Anne Brander MD

Rehabilitation Institute of Chicago
Chicago, Illinois 1998-2001

University Committee Appointments

Member
Search Committee for Chairman Dept. PM&R
Northwestern University Medical School 1993-1994

Member
Strategic Planning Committee, Subcommittee on Students
Northwestern University Medical School 1994

Member
Honors Program in Medical Education (HPME) Admissions Committee
Northwestern University Medical School
Chicago, Illinois 1999-2001

X. EDITORIAL SERVICE

Guest Editor
State of the Art Reviews In Physical Medicine and Rehabilitation: Hip and Knee Rehabilitation.
Vol. 16 (3) October, 2002

Contributing Editor
Rheumatology Rehabilitation Core Curriculum
American College of Rheumatology 1996

XI. RESIDENT & STUDENT MENTORSHIP

Victoria Anne Brander MD

Resident “Continuity Clinic”

Training in ambulatory musculoskeletal medicine

6 month rotations

I directly supervise PGY3 and PGY4 resident physicians 2-3 clinics/week

Northwestern University’s Department of PM & R

Chicago, Illinois

January 2008 – present

Course Director

“Joint Injection Workshop”

Cadaver-based Peripheral Joint Injection Skills Training Lab

Northwestern Center for Advanced Surgical Education (N-CASE)

Northwestern University, Chicago, Illinois

October 2007

Medical Student Research Summer Externship Mentor

Northwestern University Feinberg School of Medicine

“Two Hylan GF-20 Injections Reduce Osteoarthritic Shoulder Pain and Improve Function for 6 Months.” Ameer Gomberawalla 2007 – 2008

“Pain and Depression Influence Outcome 5 Years after Knee Replacement Surgery.”

Steve Gondek and Emily Martin

2006-2007

Resident Research Advisor

“Nonsurgical management of Femoral Acetabular Impingement Syndrome”

Mahesh Polavarapu and Haney El-Rashidi MD

Northwestern University’s Department of Orthopedic Surgery

Chicago, Illinois

2008-2009

Victoria Anne Brander MD

Advisor to multiple Senior Residents on their research projects
Northwestern University Department of PM & R
Rehabilitation Institute of Chicago

XII. RESEARCH GRANTS

Site Principal Investigator

OVATION Study

“A Prospective, Randomized Double Blind Trial of Hylan GF-20 vs. Depomedrol for Mild to Moderate Osteoarthritis of the Hip”

Genzyme Corporation

\$160,000 November 2003 - 2006

Principal Investigator

“Phase IV Open Label Trial of Hylan GF-20 for Symptomatic Osteoarthritis of the Shoulder”

Wyeth Ayest Pharmaceuticals

\$65,000 January 2004 - 2008

Site Principal Investigator

“Phase I Study Investigation the Safety, Tolerability and Efficacy of Direct Intra-articular Injection of a Combination of Verapamil and Diltiazem in Patients with Osteoarthritis of the Knee”

Caolsyn Pharma, Inc

\$80,000 April 2008-2009

XIII. SCHOLARLY BIBLIOGRAPHY

Refereed Journal Articles

Brander V, Gomberawalla A, Chambers M, Bowen M, Nuber G. Efficacy and Safety of Hylan G-F 20 for Symptomatic Glenohumeral Osteoarthritis: A Prospective, Pilot Study. *American Journal Physical Medicine and Rehabilitation* 2010 April, 2(4):259-267.

Spitzer AI, Bockow BI, **Brander VA**, Yates JW, Maccarter DK, Gudger GK, Haller S, Lake SL, Magilavy DB. Hylan GF-20 improves hip osteoarthritis: A prospective, randomized study. *Phys Sportsmed*. 2010 Jun;38(2):35-47

Brander V, Stulberg SD, Brander K. "Can we accurately predict outcome after hip and knee replacement?" *Current Orthopaedic Practice*, 2010 21(2):138-143

Brander VA, Stadler TS. Functional improvement with hylan G-F 20 in patients with knee osteoarthritis. *Phys Sportsmed*. 2009 Oct; 37(3):38-48.

Brander V, Gondeck S, Martin E, Stulberg SD, "Pain and Depression Influence Outcome 5 Years after Knee Replacement Surgery." *Clinical Orthopaedics and Related Research*. 2007 November, 464: 21-26.

Brander V, Stulberg SD. "Rehabilitation after hip- and knee-joint replacement. An experience- and evidence-based approach to care." *American Journal Physical Medicine & Rehabilitation*. 2006 November, 85(11):S98-118.

Brander VA, Stulberg SD. The injectibles: palliation and promise. *Orthopedics*. 2006 Sep; 29(9):822-4

Jones D, Westby M, Greidanus N, Johanson N, Krebs D, Robbins L, Rooks D, **Brander V**, "Update on Hip and Knee Arthroplasty: Current State of Evidence." *Arthritis & Rheumatism*. 2005 October 15, 53(5): 772-780.

Brander V, Stulberg, S., Adams, A., Harden, R. Norman, Bruehl, S., Stanos, S., Houle, T. "Predicting TKA Pain: A Prospective Observational Study." *Clinical Orthopaedics and Related Research*. Lippincott Williams and Wilkins. 2003, 416: 27-36

Harden RN, Bruehl S, Stanos S, **Brander V**, Chung OY, Saltz S, Adams A, Stulberg SD.

Victoria Anne Brander MD

Prospective examination of pain-related and psychological predictors of CRPS-like phenomena following total knee arthroplasty: a preliminary study. *Pain*. 2003 Dec;106(3):393-400

Brander V, Mullarkey C, Stulberg S. "Rehabilitation After Total Joint Replacement For Osteoarthritis: An Evidence-Based Approach" In: *State of the Art Reviews In Physical Medicine and Rehabilitation: Osteoarthritis*. Stitik, TP, ed., 2001, 15(1): 175-197.

Brander V, Mullarkey C, Brown, L, Stulberg S. "Rehabilitation After Hip Replacement: An Evidence-Based Approach" *Biomechanics*, July, 2000.

Brander V., Kaelin D, Lim A, Oh T. "Study Guide 2000. Rehabilitation of Rheumatologic and Orthopedic Disorders: Degenerative Arthritis"

Arch Phys Med Rehabil, 2000 Mar; 81(3 Suppl 1): S67-72.

Lim A, **Brander V**, Oh T, Kaelin D. "Study Guide 2000. Rehabilitation of Rheumatologic and Orthopedic Disorders: Osteoporosis". *Arch Phys Med Rehabil*, 2000 81(3 Suppl 1): S 55-59.

Oh T, Lim A, Kaelin D, **Brander V**. "Study Guide 2000. Rehabilitation of Rheumatologic and Orthopedic Disorders: Inflammatory Arthritis and Seronegative Arthropathies" *Arch Phys Med Rehabil*, 2000 81(3 Suppl 1): S 60-66.

Kaelin D, Oh T, Lim A, **Brander V**. "Study Guide 2000. Rehabilitation of Rheumatologic and Orthopedic Disorders: Musculoskeletal Conditions" *Arch Phys Med Rehabil*, 2000 81(3 Suppl 1): S 73-77.

Brander V., Malhotra S., Jet J, Stulberg SD "Outcome of TJA in Persons Aged 80 and Over" *Clinical Orthop Rel Res*, 1997, 345: 67-78.

Hudgins T., **Brander V**, Chang RW "Advances In Rehabilitation For Persons with Arthritis and Musculoskeletal Diseases" *Current Opinion in Rheumatology*, 1997 9(2)

Kim AW, Rosen AM, **Brander V**, Buchanan TS "Selective Muscle Activation Following Electrical Stimulation of the Collateral Ligaments of the Human Knee Joint."

Arch Phys Med Rehabil, 1995, 76:750-757.

Victoria Anne Brander MD

Brander V, Hinderer S, Oh T, Alpiner N “Rehabilitation in Joint and Connective Tissue Diseases: Limb Disorders” Arch Phys Med and Rehabil., 1995 76(5):S-47-57.

Oh T, **Brander V**, Hinderer S, Alpiner N “Rehabilitation of Joint and Connective Tissue Disease: Inflammatory and Degenerative Spine Diseases” Arch Phys Med Rehabil, 1995, 76(5) S41-47.

Alpiner N, Oh T, Hinderer S, **Brander V** “Rehabilitation in Joint and Connective Tissue Diseases: Systemic Disease”. Archives of Phy Med and Rehabil., 1995, 76(5) S-32-41.

Brander V, Stulberg SD, Chang R “Rehabilitation After Hip and Knee Arthroplasty” In: PM&R Clinics of North America, 1994, 5(4): 815-836.

Brander V, Stulberg S, Chang, R: Life After Total Hip Arthroplasty” In: Bulletin on the Rheumatic Diseases, 1993, 42(3): 1-5.

Brander V, Chang H, Chang R “Rehabilitation and Biomechanics” Current Opinion in Rheumatology, 1992, 4(2): 174-178.

Brander V, Lim P – “The Shoulder in Rheumatoid Arthritis: J Back Musculoskeletal Rehabilitation, 1992, 292:46-52.

Katz R, **Brander V**, Sahgal V – “Post-Traumatic Hydrocephalus” Am. J. Physical Medicine Rehabilitation, 1989, 68:91-956.

Books and Book Chapters:

Brander V, Stulberg SD. Rehabilitation after Lower Limb Joint Reconstruction. In: DeLisa J, editor. Physical Medicine and Rehabilitation, Principles and Practice. 2005. Volume 1, p.855-872.

Brander V, Mullarkey, C. “Rehabilitation After Total Hip Replacement for Osteoarthritis.” Physical Medicine and Rehabilitation: State of the Art Hip and Knee Rehabilitation. Brander, V. Ed. 2002, 16 (3): 415-430.

Victoria Anne Brander MD

Mullarkey, C, **Brander, V.** “Rehabilitation After Total Knee Replacement for Osteoarthritis. *Physical Medicine and Rehabilitation*. Brander, V. Ed., 2002, 16 (3) 431-444.

Muellner, P., **Brander, V.** “Rehabilitation of Painful Knee Osteoarthritis.” *Physical Medicine and Rehabilitation*. Brander, V. Ed., 2002, 16 (3) 445-458.

Muellner, P., **Brander, V.** “Arthritis Pain” *Pain Management in Rehabilitation*. Monga, TN, Grabois, M. Ed. 2002, 205-232.

Brander V, Oh T, Alpiner N “Arthritis” In: *Physical Medicine and Rehabilitation: The Complete Approach*. Grabois, M, ed, WB Saunders 1999.

Muellner M and **Brander V** “Arthritis” In: *Pain Management In Rehabilitation*. Monga, T and Grabois M, ed. Demos Medical Publishing, New York (in press)

Brander V “Rehabilitation After Joint Replacement” In: *Rehabilitation of Persons with Rheumatoid Arthritis*, Chang RW, ed. W.B. Saunders, 1995.

Brander V “Functional Limitations Associated with Rheumatoid Arthritis: A Guide to Rehabilitation Prescription. In: *Rehabilitation of Persons with Rheumatoid Arthritis*, Chang RW, ed. W.B. Saunders, 1995, 33-42.

Non-refereed Publications:

Allen RA, **Brander VB,** Stulberg SD: Arthritis of the Hip & Knee: The Active Person’s Guide to Taking Charge. Peachtree Press, 1998, Atlanta

Brander V, Mullarkey C, Stulberg S. “Totally Hip” *Advance For Directors In Rehabilitation*, 2001, 11(3): 43-46.

Brander V. “Finding the Best Care.” In: *Arthritis Update*. A Consumer Journal published by the Arthritis Foundation, Greater Chicago Chapter. Spring 2001.

Brander V. “Rehabilitation.” In: *Castle Connelly Guide To Elder Care*. Winter 2000.

Victoria Anne Brander MD

Audio-Visual Media Presentations and Related Activities

Operation Walk Chicago

Chicago Tonight

Public Broadcast System (PBS) Chicago Channel 11

2006, 2007, 2011

Guest physician expert on anti-inflammatory drug side effects

Evening News

CBS Broadcasting, Chicago

Guest Physician Moderator

“Arthritis”

Chicago Tomorrow

Public Broadcasting System (PBS) Chicago Channel 11

May 15, 2000

Contributing Expert

Rick Telander, Senior Sports reporter

Chicago Sun Times series on sports related orthopedic trauma and head injury

“Rehabilitation After Hip Replacement”

Arthritis Active Day website contributor *ahn.com*

Sponsored by American Health Network and Arthritis Foundation

May 18, 1999

Meet the Doctor

WGN-TV News

May 13, 1998

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“The Aches of Arthritis”

HealthVision Video Educational Programs for Patients and Families
Rehab Training Network, 1998

“Preventing Osteoporosis: Building Bones”

HealthVision Video Educational Programs for Patients and Families
Rehab Training Network, 1998

“Arthritis Chat”

Guest Physician, with S. David Stulberg, MD
American Association of Retired Persons (AARP) Website

“Rehabilitation after Joint Replacement”

Continuing Education Program
Live Satellite Broadcast
Rehab Training Network
Washington, DC 1997

“Staying Active Despite Arthritis”

Notables
Chicago Tribune *Womanews* Section
September 6, 1998

Interviewed by Bob Condor, health reporter

In: “Hip, Hip Hooray”
Chicago Tribune Tempo Section
Thursday, June 25, 1998

Interviewed by Bob Condor, health reporter

In: “Exercise is still possible after hip surgery”
Printed in Houston Chronicle,
Rochester Democrat and Chronicle, and

Victoria Anne Brander MD

Tallahassee Democrat June, 1998

Interviewed by Bob Condor, health reporter

“Those with arthritis don’t have to stick to the sidelines anymore”

Colorado Springs Gazette

June 30, 1998

Interviewed by Georgia Court, health reporter

“Drugs, proper diet prevent hip fractures”

The Cincinnati Post

Wednesday, June 17, 1998

“What You Need To Know About Hip Replacement”

Lifetimes

Blue Cross and Blue Shield national publication

July 1998

Abstracts/Papers/Poster Presentations

Westby MD, Carr S, Kennedy D, **Brander V**, Bell M, Doyle-Waters M, Backman C. “Post-acute physiotherapy after primary total hip arthroplasty: A Cochrane systematic review.” *Arthritis & Rheumatism* 2009; 60(10):Supplement S424-5.

Paper Presentation

Association of Rheumatology Health Professionals

Philadelphia, PA October 2009

Brander V, Gomberawalla A, Chambers M, Bowen M, Nuber G. “Two Hylan GF-20 Injections Reduce Osteoarthritic Shoulder Pain and Improve Function For 6 Months.”

Paper Presentation

Mid-America Orthopedic Association Annual Meeting

Orlando, Florida April 2008

Victoria Anne Brander MD

Brander V, “Hylan GF-20 Reduces Pain and Improves Satisfaction in Young Patients with Painful Shoulder Osteoarthritis.” Poster Presentation

International Society Arthroscopy and Knee Orthopedic Surgery (ISAKOS)

Florence, Italy, May 2007

Brander V, “Hylan GF-20 Reduces Pain and Improves Satisfaction in Young Patients with Painful Hip Osteoarthritis.” Poster Presentation

International Society Arthroscopy and Knee Orthopedic Surgery (ISAKOS)

Florence, Italy, May 2007

Brander V, Gondeck S, Martin E, Stulberg SD, “The Natural History of Pain in Total Knee Arthroplasty: Predictors of Pain At 5 Years After Surgery.”

Paper Platform Presentation

American Academy of Orthopaedic Surgeons Annual Meeting

San Diego, California, February 2007

Brander V, Ghate R, Stulberg SD, “The Natural History of Leg Length Discrepancy After Total Hip Arthroplasty.”

Paper Presentation

American Academy of Orthopaedic Surgeons Annual Meeting

San Diego, California, February 2007

Brander V, “Who Best Responds to Hylan G-F 20 Injections?”

Poster Presentation

American Academy of Orthopaedic Surgeons Annual Meeting

San Diego, California, February 2007

Brander V, Nuber G, Bowen M, Stulberg SD, Galazka B. “Intra-articular Injections of Hylan G-F20 for the Treatment of Shoulder Osteoarthritis.” Poster Presentation

Mid-America Orthopedic Association 23rd Annual Meeting.

San Antonio, TX, April 2006.

XIV. UNIVERSITY AND ACADEMIC TEACHING – selected courses and lectures

Victoria Anne Brander MD

“Excellence in Joint Replacement – I”

Rehabilitation Institute of Chicago Department of Education and Training

Chicago, Illinois

May 1994

“Excellence in Joint Replacement – II”

Rehabilitation Institute of Chicago Department of Education and Training

Chicago, Illinois

May 1995

“Excellence in Joint Replacement III”

Rehabilitation Institute of Chicago Department of Education and Training

Chicago, Illinois

May 1996

Course Co-Chair

“Excellence in Joint Replacement IV”

Rehabilitation Institute of Chicago Department of Education and Training

Chicago, Illinois

May 1997

Course Co-Chair “Update in Joint Reconstruction” – Rehabilitation Institute of Chicago, NMH,
and Italian Association of Orthopedics & Traumatology.

Lake Como, Italy.

June 1997

“Rehabilitation after Hip and Knee Replacement”

Invited Guest Faculty

Department of Physical Medicine and Rehabilitation

Baylor University

Houston, Texas

September 1997

Victoria Anne Brander MD

Course Co-Chair

“Excellence in Joint Replacement V”

Rehabilitation Institute of Chicago Department of Education and Training

Chicago, Illinois

May 1998

“New Therapies for Osteoarthritis”

Division of Geriatrics, Department of Internal Medicine

Northwestern University Medical School

Chicago, Illinois

June 1998

“Comprehensive Approach to Arthritis”

Northwestern University Department of PM&R Summer Extern Lecture Series

Northwestern University Medical School

Chicago, Illinois

July 1998

“Viscosupplementation Therapy”

American Orthopedic Association Annual Meeting

Kohler, Wisconsin

September 1998

“The Continuum of TJA Care”

Cambridge Health Resources

Boston, Massachusetts

October 1998

“Alternative Therapies for Arthritis: Separating Fact From Fiction”

Chicago Cultural Center and Arthritis Foundation, hosts

Chicago, Illinois

Victoria Anne Brander MD

October 1998

“Total Hip and Knee Replacement”

Department of Physical Medicine and Rehabilitation

Northwestern University Medical School

Chicago, Illinois

October 1998

Course, Co-Chair

“Total Joint Replacement: Controlling Costs and Improving Outcomes”

Cambridge Health Resources

Boston, Massachusetts

October 1998

“The Impact of Activity on Outcome After THA”

Grand Rounds

Department of Rheumatology

University of Illinois Medical Center

Chicago, Illinois

December 1998

“The Impact of Strength, Flexibility and Activity on Outcome After THA”

Grand Rounds, Department of Physical Medicine and Rehabilitation

Northwestern University Medical School

Chicago, Illinois

December 1998

“Total Shoulder Arthroplasty”

Department of Physical Medicine and Rehabilitation

Northwestern University Medical School

Chicago, Illinois

December 1998

Victoria Anne Brander MD

“Viscosupplementation for Knee Osteoarthritis”

Grand Rounds

St. James Hospital

Chicago Heights, Illinois

February 1999

“The Impact of Activity on Outcome after THA”

Orthopedic Surgery Lecture Series

Midwest Clinical Conference

Chicago Medical Society

February 1999

“Strategies to Manage Osteoarthritis”

Northwestern Memorial Hospital *Lifetime of Health* lecture series

Chicago, Illinois

April 1999

Course Co-Chair

“Excellence in Joint Replacement VI”

Rehabilitation Institute of Chicago Department of Education and Training

Chicago, Illinois

May 1999

“Viscosupplementation”

CME lecture sponsored by Wyeth Ayerst and Biomatrix pharmaceuticals

Balmoral Woods Country Club

Crete, Illinois

June 1999

“Orthopedic Rehabilitation: The United States Model”

Invited Faculty

Victoria Anne Brander MD

La Riabilitazione verso il'2000

Italian National Congress of Physiatrists Annual Meeting

Bellaria di Rimini, Italy

September 1999

“Alternative Therapies for Osteoarthritis”

Northwestern University Medical School

Department of Medicine, Division of Geriatrics

Buehler Center on Aging

March 2000

“Knee Osteoarthritis”

Invited Guest Lecturer

Berkheiser Memorial Lecture

Chicago Medical Society

Midwest Clinical Conference

Chicago, Illinois

March 2000

“Viscosupplementation”

Illinois Academy of Family Physicians

March 2000

“Alternative Therapies for Osteoarthritis”

Illinois Academy of Family Physicians

March 2000

“Fibromyalgia”

Chicago Chapter, Arthritis Foundation

May 2000

“Fibromyalgia”

Victoria Anne Brander MD

Illinois Academy of Family Physicians
West Suburban Hospital
Oak Park, Illinois
October 2000

“Pathophysiology of Osteoarthritis”
Guest Educator
A Physician Educational Sponsored by Wyeth-Ayerst Pharmaceuticals
The Plaza Hotel
New York City, New York
October 2000

“Treating Knee Osteoarthritis”
Geriatrics Conference
Sponsored by Buehler Center on Aging, NUMS Department of Geriatrics, and Geriatrics Magazine
Navy Pier, Chicago, Illinois
October 2000

“Rehabilitation after Total Joint Replacement: An Evidence Based Approach”
Guest Lecturer
American Academy of Physical Medicine and Rehabilitation Annual Meeting
San Francisco, California
November 2000

“Rehabilitation of Knee Osteoarthritis – Part I”
Northwestern University Department of PM&R
Rehabilitation Institute of Chicago
December 2000

“Rehabilitation in the Rheumatic Diseases”
Baylor Annual PM&R Review Course

Victoria Anne Brander MD

February 2001

“Rehabilitation after TJR: An Evidence Based Approach”

Baylor Annual PM&R Review Course

February 2001

“Osteoporosis”

Baylor Annual PM&R Review Course

February 2001

“The Best Exercise Regimes”

The Arthritis Foundation Fall 2002 Program of Speakers

Wyeth Laboratories Sponsored Lecture

Chicago, Illinois

November 2002

“Prevention of Hip and Knee Injury and Osteoarthritis”

Presented to United States Professional Tennis Association Annual Meeting (USPTA)

January 2003

“Hip or Knee Replacement: Building to the Decision to Operate”

The Arthritis Foundation Fall 2002 Program of Speakers

Wyeth Laboratories Sponsored Lecture

Chicago, Illinois

January 2003

“Planning for Total Hip and Knee Surgery”

Arthritis Foundation

Chicago, Illinois

February 2003

“Predicting Pain after TKA”

Victoria Anne Brander MD

Grand Rounds

Schwab Rehabilitation Hospital

Chicago, Illinois

April 2003

“Alternative Treatments for Pain in Arthritis” Keynote Speaker

Arthritis Foundation Annual Symposium

Chicago, Illinois

May 2003

“Arthritis: Mind and Body”

Keynote Address

Arthritis Foundation Annual Conference

Rolling Meadows, Illinois

May 2003

“Arthritis: Mind and Body”

Chicago Department on Aging 2003 Citywide Senior Citizens Conference

Chicago, Illinois

May 2003

“Evidence-Based Approach to Rehabilitation”

ACR/AHRP 28th Annual Scientific Meeting

Orlando, Florida

October 2003

“Optimizing Non-Surgical Care for Patients with Arthritis of the Hip and Knee.”

Grand Rounds

West China Hospital of Sichuan University

Chengdu, China

September 2005

Victoria Anne Brander MD

“Operation Walk China”

Grand Rounds

Northwestern University Medical School Department of Orthopedics

Chicago, Illinois

March 2006

“Rehabilitation For Hip and Knee Arthroplasty”

Grand Rounds

Department of Orthopedic Surgery

Zhejiang Provincial Hospital of Traditional Chinese Medicine

Hangzhou, China

November, 2006

“Comprehensive Non-Surgical Care for TKA.

Grand Rounds

West China Hospital of Sichuan University

Chengdu, China

November 2006

“Rehabilitation After Joint Replacement”

Department of Orthopedic Surgery

Tierra Nueva

Quito Ecuador

November 2007

“Rehabilitation After Hip and Knee Replacement”

Orthopaedic Society

Pune, India

November 2009

Rehabilitation To Maximize Outcome After Hip and Knee Replacement
Nepal Society of Orthopedic Surgery
Kathmandu, Nepal
November, 2010

Grand Rounds
Operation Walk Chicago
Northwestern University's Feinberg School of Medicine Department of PM & R
Rehabilitation Institute of Chicago
August 2011

XV. CONSULTANT ACTIVITY

Speaker and Consultant,
Genzyme 2007- present

Scientific Advisor,
Neurotech Corporation
2011-present

Scientific Advisor,
Calosyn Pharma 2008 – present

Speakers Bureau
Arthritis Foundation, Chicago Chapter
1998-present

